

## SUNDAY, JULY 21, 2024

**Preaching Today** Kate Layzer, *Minister of Street Outreach*  
**Liturgist** Mark Destler  
**Assisting in Worship** Dean Eaton, Casey Marsh, Lisa McCarty, Adam Weiss,  
and Linda Ziebell, *Deacons*  
Karen McArthur, *Minister of Stewardship & Finance*  
Lee Prouty, *tech support*  
Peter Sykes, *Music Director*  
**Bulletin Cover Image** Freddie Funck, *First Church member*

### Opening Voutary

*Prelude & Fugue in C Major*, J.S. Bach

### Opening Hymn 373

We Are Your People

### Anthem

*Jesu Bliebet Meine Freude*, J.S. Bach

### Peace Hymn 92

I to the Hills Will Lift My Eyes

### Reading

Mark 6:30-34, 53-56

### Healing Hymns

430 The Lord's My Shepherd  
441 Eternal Spirit of the Living Christ  
402 O Christ, the Healer

### Offertory

*O Love, Who Formedst Me*, Monk

### Closing Hymn 333

Lord, Dismiss Us with Your Blessing

### Closing Voluntary

*Fidelis*, Percy Whitlock

### Today's Programs and Events

9:00 a.m. Choir Rehearsal, Sanctuary  
10:00 a.m. Hybrid Morning Worship, Sanctuary and [via livestream](#)  
11:15 p.m. Refreshments on the Lawn (or Margaret Jewett Hall, if weather dictates)  
11:15 p.m. Guest Speaker: Fern Remedi-Brown, Sowing Opportunities, Harter Room

### New to First Church?

Have you just begun joining us for worship? Consider filling out a visitor card found on the small clipboards or this "[virtual visitor card](#)" so that we might connect with you about our community.

### Give to First Church

You can give electronically by using the QR code in the bulletin or explore more options for giving at: [www.firstchurchcambridge.org/give](http://www.firstchurchcambridge.org/give)

### Contact a Pastor or Staff Member

Find [contact information](#) for our ministerial, program, and building staff on our website.  
For general information and inquiries: [info@firstchurchcambridge.org](mailto:info@firstchurchcambridge.org)

### Minister On Call

If you have an urgent pastoral need, please call 617-547-2724 ext. 222. Your call will be routed to a First Church minister based on a rotating schedule that covers staff time off.

373

# We Are Your People

1. We are your peo - ple, Spir - it of grace, you dare to  
 2. Joined in com - mu - ni - ty, trea - sured and fed, may we dis -  
 3. Rich in di - ver - si - ty, help us to live clos - er than  
 4. Glad of tra - di - tion, help us to see in all life's  
 5. Give, as we ven - ture jus - tice and care (peace - ful, re -  
 6. Spir - it, u - nite us, make us, by grace, will - ing and

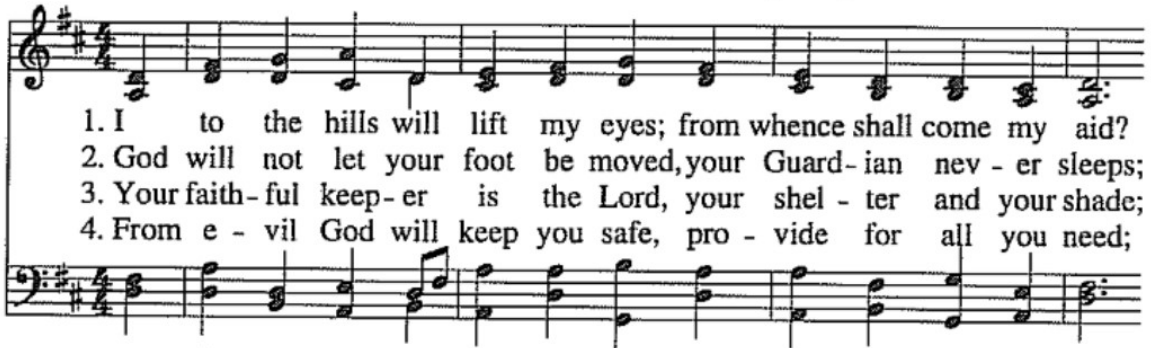
make us, to all our neigh - bors, Christ's liv - ing voice, hands and face.  
 2. cov - er gifts in each oth - er, will - ing to lead and be led.  
 neigh - bors, o - pen to stran - gers, a - ble to clash and for - give.  
 4. chang - ing where you are lead - ing, where our best ef - forts should be.  
 sist - ing, wait - ing or risk - ing) wis - dom to know when and where.  
 6. read - y, Christ's liv - ing bod - y, lov - ing the whole hu - man race.

WORDS: Brian Wren, 1973, rev. 1994  
 MUSIC: Margaret R. Tucker, 1986

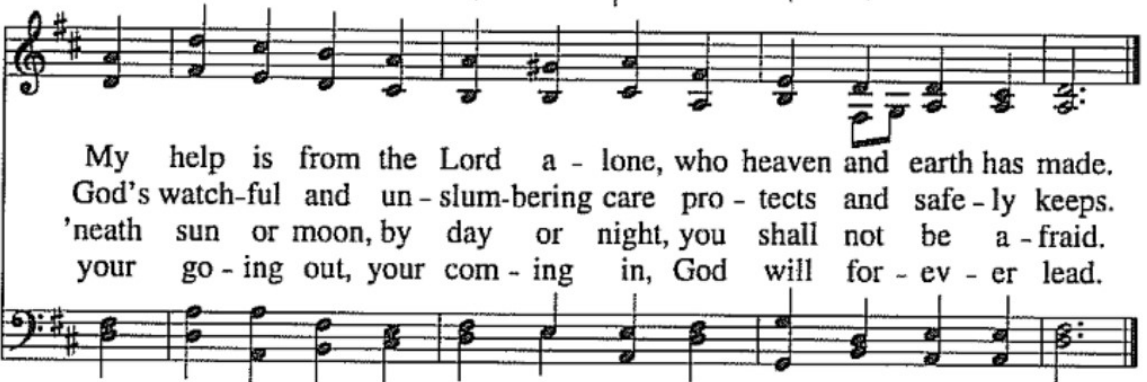
MEETING HOUSE  
 54.557

## I to the Hills Will Lift My Eyes

92



1. I to the hills will lift my eyes; from whence shall come my aid?  
 2. God will not let your foot be moved, your Guard-ian nev - er sleeps;  
 3. Your faith-ful keep-er is the Lord, your shel - ter and your shade;  
 4. From e - vil God will keep you safe, pro - vide for all you need;



My help is from the Lord a - lone, who heaven and earth has made.  
 God's watch-ful and un - slum-bering care pro - tects and safe - ly keeps.  
 'neath sun or moon, by day or night, you shall not be a - fraid.  
 your go - ing out, your com - ing in, God will for - ev - er lead.

WORDS: *The Psalter*, 1912, alt. 1988  
 MUSIC: *Scottish Psalter*, 1615

DUNDEE  
 CM

430

## The Lord's My Shepherd

1. The Lord's my shep-herd; I'll not want. God makes me down to lie  
 2. My soul thou dost re - store a - gain and me to walk dost make  
 3. Yea, though I walk in death's dark vale, yet will I fear no ill;  
 4. My ta - ble thou hast fur - nish - ed in pres - ence of my foes;  
 5. Good - ness and mer - cy all my days shall sure - ly fol - low me;

in pas - tures green, and lead - eth me the qui - et wa - ters by;  
 with - in the paths of righ - teous - ness e'en for thine own name's sake;  
 for thou art with me, and thy rod and staff me com - fort still;  
 my head thou dost with oil a - noint, and my cup o - ver - flows;  
 and in God's house for - ev - er - more my dwell - ing place shall be;

God lead - eth me, God lead - eth me the qui - et wa - ters by;  
 with - in the paths of righ - teous - ness e'en for thine own name's sake;  
 for thou art with me, and thy rod and staff me com - fort still;  
 my head thou dost with oil a - noint, and my cup o - ver - flows;  
 and in God's house for - ev - er - more my dwell - ing place shall be;

WORDS: *Scottish Psalter*, 1650, alt.

MUSIC: J. L. Macbeth Bain, 1915; arr. Gordon Jacob, 1934, adapt.

BROTHER JAMES' AIR  
86.86.86

## Eternal Spirit of the Living Christ

441

*Unison*

1. E - ter - nal Spir - it of the liv - ing Christ, I know not how to  
 2. Come, pray in me the prayer I need this day; help me to see your  
 3. Come with the vi - sion and the strength I need to serve my God, and



ask or what to say; I on - ly know my need, as deep as  
 pur - pose and your will, where I have failed, what I have done a -  
 all hu - man - i - ty; ful - fill - ment of my life in love out -



life, and on - ly you can teach me how to pray.  
 miss; held in for - giv - ing love, let me be still.  
 poured — my life in you, O Christ, your love in me.



WORDS: Frank von Christierson, 1974, rev. 1979  
 MUSIC: Alfred M. Smith, 1941

SURSUM CORDA  
 10 10.10 10



# HEALING HYMN

402

## O Christ, the Healer

1. O Christ, the heal - er, we have come to pray for  
 2. From ev - ery ail - ment flesh en - dures our bod - ies  
 3. How strong, O Christ, are our de - sires, how weak our  
 4. In con - flicts that de - stroy our health we rec - og -  
 5. Grant that we all, made one in faith, in your com -

health, to plead for friends. How can we fail to  
 clam - or to be freed; yet in our hearts we  
 knowl - edge of our - selves! Re - lease in us those  
 nize the world's dis - ease; our com - mon life de -  
 mu - ni - ty may find the whole - ness that, en -

be re - stored when reached by love that nev - er ends?  
 would con - fess that whole - ness is our deep - est need.  
 heal - ing truths un - con - scious pride re - sists or shelves.  
 clares our ills. Is there no cure, O Christ, for these?  
 rich - ing us, shall reach the whole of hu - man - kind.

CLOSING HYMN

Lord, Dismiss Us with Your Blessing 333

1. Lord, dis - miss us with your bless - ing; fill our hearts with  
 2. Thanks we give and ad - o - ra - tion for the gos - pel's  
 3. So that when your love shall call us, Sav - ior, from the

joy and peace; let us each, your love pos - sess - ing,  
 joy - ful sound; may the fruits of your sal - va - tion  
 world a - way, fear of death shall not ap - pall us,

tri - umph in re - deem - ing grace: oh, re - fresh us,  
 in our hearts and lives a - bound: ev - er faith - ful,  
 glad your sum - mons to o - bey: may we ev - er,

oh, re - fresh us, trav - eling through this wil - der - ness.  
 ev - er faith - ful to the truth may we be found.  
 may we ev - er reign with you in end - less day.

## COMMUNITY PRAYERS

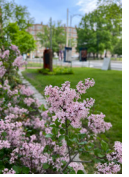
- We celebrate with former Pastoral Associate Carla Arevalo and her beloved Guillermo Pacheco, who were married yesterday in Honduras.
- We pray for Abby Shuman's father Fred and the entire Shuman family as they process Fred's recent cancer diagnosis and await treatment options. We continue to pray for Abby's uncle Barry, whose brain tumor is worsening.
- We pray for Linda & Ken Ziebell, as Ken receives palliative care at Carlton-Willard in Bedford.
- We pray for George Williams as he continues treatment for a traumatic brain injury.
- We pray for the friends and family of Javier Hernandez, a former guest of the First Church Shelter, who passed away recently.
- We pray for all who are living with significant health challenges and their families and caregivers: Poppy Coffin, who is experiencing Alzheimer's Disease; Carol Wilson-Braun, who is managing ALS; and Carter West, who is experiencing a chronic neurological disorder. We also pray for those in treatment for cancer: Bob Spaulding, Beth Spaulding's father; Dana Hunt, Claire Morgan's mother; Ellen Smith, Devin Hansen's aunt; Judith Semmler, Alice Napoleon Jones's mother; Karen Anne Zee's daughter Becky Collet and her son-in-law Stewart Bailey; Beth and Polly, Ann McCann's sisters; and Abby Shuman's uncle Barry.
- We pray for the many families seeking emergency shelter in cities and towns across our state, including migrant families living at the MA Safety Net Family Shelter in East Cambridge.
- As the war in Gaza and Israel continues, our hearts cry out in prayer. With the death of 1,400 Israelis and over 36,000 Palestinians, we pray for an end to the war and immediate de-escalation of tensions in the region, as well as redoubled efforts to address the humanitarian crisis in Gaza.
- We pray for our nation in this time of intense political polarization and during a season of political conventions in advance of the presidential election. We pray especially for peaceful, non-violent engagement in the political processes of our democracy.
- We continue to pray for all who are recovering from recent natural and climate-related disasters, especially for those experiencing extreme weather patterns across the planet. We pray for our rapidly warming planet and for intensified efforts to reduce fossil fuel emissions.
- We pray for the people of the Democratic Republic of Congo, where ongoing armed conflicts have led to more than 6 million people killed and more than 5 million people displaced from their homes. We pray also for those who have experienced devastating incidents of gender-based violence during the conflicts.
- We pray for all those impacted by the violence of war and political upheaval throughout the Middle East, in Ukraine, in Sudan, and in Haiti.
- We pray for political and climate refugees and migrants who make often life-threatening border crossings over land and open water. We pray for wisdom and justice to prevail as our court system tackles issues of immigration in its rulings.



## SUMMER AT FIRST CHURCH

### Summer Worship & Preaching

Through the months of July and August, Hybrid Morning Worship begins at 10:00 a.m., with Pick-Up Choir meeting at 9:00 a.m. Church School-aged children are invited to remain in the Sanctuary for the entire worship service. The Nursery continues to be staffed by our regular caregivers for infants, toddlers, and preschoolers. Night Song, our evening service, will return in September after a summer hiatus. Special thanks to our current staff and to our Community Ministers for preaching this summer:



#### July 28

Rev. Henry Schoenfield

#### August 11

Rev. Krysia Burnham

#### August 25

Rev. Kate Layzer

#### August 4

Rev. Karen McArthur

#### August 18

Rev. Rev. Alex Steinert-Evoy

#### September 1

Emma Thomas, Pastoral Associate



### Pastoral Care Cards This Summer

During the summer months, we invite you to support our Pastoral Care ministry by writing a simple note to First Church members who are on our weekly prayer list. It may be to share congratulations, condolences, or “get well soon” wishes. Look for the “card table” at Coffee Hour each Sunday, where you’ll find the weekly list of pastoral care needs and/or the Sunday bulletin prayer section, blank cards, pens, and a Church Directory with addresses.

### Guest Speaker: Fern Remedi-Brown, Today at 11:15 a.m., Harter Room

The table run by [Sowing Opportunities, Inc.](#) is always a big hit at the Alternative Christmas Fair! Executive Director Fern Remedi-Brown joins us after worship today to tell her organization’s story and take questions. Sowing Opportunities provides greenhouse agricultural solutions for food security to three – soon to be four – small, indigenous villages in an extremely remote area of Guatemala that receives resources from no other source. Please join us for this interesting talk! You can also support their efforts by donating online or by attending the next fair at the [Cambridge Jazz Festival at Danehy Park](#), July 27-28.



### Friday Café Summer Lunch Program

Looking for a fun summer project you can do with (or without) kids? Become a part of the Friday Café summer lunch program for neighbors in need by signing up to contribute 10 sandwiches, 10 servings of fruit or fruit salad, or 10 sweet treats on one or more Fridays. [Sign up here](#), and visit [www.thefriday.cafe](http://www.thefriday.cafe) to learn more.

**Do you want to follow the hyperlinks, but you’re holding a paper bulletin in your hand?** Use your phone’s camera to hover over the QR code marked “scan me;” this will take you to the Members & Friends page of our website, where you’ll find the bulletin online, as well as links to news, events, and more.

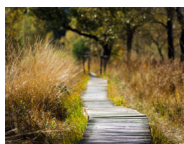


## OPPORTUNITIES TO GIVE, SERVE, AND CONNECT WITH OTHERS



### Summer 2024 Reparations Fund Matching Grant Opportunity Honors Alice Kidder and Dan Smith

If you've never given to the Reparations Fund before, your first-time contribution will be matched up to a maximum of \$25,000 by a First Church member wishing to remain anonymous. ***Through Labor Day, your 25 dollars becomes 50 dollars and your 1,000 dollars means that 2,000 goes into the fund.*** As of June 30, \$6,177.25 has been contributed that is eligible for the match; add your donation to the growing total! [Read more and give online.](#)



### Mindfulness Walk with Stefanie Haug

**Saturday, August 10, 9:30 - 11:00 a.m. OR 4:30 - 6:00 p.m.**

First Church member Stefanie Haug is pleased to offer a Mindfulness Walk around the neighborhood on the second Saturday of August. The specific time and location will be determined by responses of interest. Please [complete this doodle poll](#) to let Stefanie know your preference. [Read about more walks offered by Stefanie through Mass Audubon and Mount Auburn Cemetery.](#)



### Planned Giving

This summer, as we begin a season of transition and change, we are seeking to do all that we can to establish a financially sustainable future for our church. We have been blessed with many gifts from those whose financial giving and bequests in the past have provided the abundant resources that have allowed us to do more together than we ever could do alone. Now, as our 400th anniversary appears on the horizon, it is our responsibility to do the same for those who follow us. We are excited to announce a new initiative to encourage members and friends to include the church in their estate planning: **A Foundation for our Fifth Century.** [Read more](#)



### Seeking Church School Teachers for 2024-25

First Church has a lively and varied Church School program for children in PreK through high school that relies on volunteer teachers to be successful. Accompanying our youngest members on their journey of spiritual formation is an opportunity to live out the promise we make at each baptism to "help them grow in faith..." [Learn more.](#)



### Register Now: All-Church Fall Retreat at Craigville Retreat Center

**Friday, September 27 - Sunday, September 29**

Join Emma Thomas, Sarah Higginbotham, and other church leaders on the Cape for a weekend of community-building in fellowship, formation, and fun.

[Read more and register now!](#)